

CHANGING PLACES

## HOME GROWN

Join our free online Family Growing course! Learn how to grow your own fruits and vegetables at home using a variety of how to videos, activities, learning resources and useful tips.

Our free online family growing course runs from March - August. Sign up now to receive your own family Grow Pack and be a part of our online learning community.

- Online videos, activities and resources released every other Thursday
  - For families with children under 11
  - 12 Emailed Newsletters

## 23 March - 31 August 2023

- Free Grow Pack (\*worth £30) including seeds, gloves, tools, labels and more!
- Parents and children learn together

**To sign up:** Contact: Sarah Holloway T: 07736132825 E: sarah.holloway@groundwork.org.uk



\*Please note that Grow Packs will be offered on a first come first basis in our funded areas. However, by signing up your family will still have access to all of the online content.